

# INVITATION TO PARENTS TO ATTEND A BULLY PROOFING PROGRAM

February 7, 2011



Bexley Schools is happy to present award-winning therapist, **Jim Bisenius**,  
Monday, February 7, 2011  
6:30- 8:00 PM, Cassingham Theater

Over his 16 years of experience as a child and adolescent therapist, Jim Bisenius developed **Bully Proofing Youth**, a set of techniques that have been recognized nationally as extremely effective at stopping bullying.

The Bully Proofing Youth program will help our community ***support the social and emotional development of Bexley students***. Students will learn what bullies look for in their targets and action steps to take to control their reactions to bullies. Our students will build a sense of power in handling bullying situations and the ability to help someone who is a target of bullying.

- The Bexley City School District encourages community members and parents to attend an evening program on February 7<sup>th</sup>, 6:30-8:00 PM, in the Cassingham Theater.
- This anti-bullying training will teach exactly how to teach your child to safely respond to verbal bullying, physical bullying, social bullying, and group manipulation.
- Mr. Bisenius will provide specific strategies for kids that are excluded, shunned, and socially targeted by sophisticated, "popular" bullies operating under adult R.A.D.A.R.
- He specializes in educating youth on how to handle bullying situations through role play, drawings, story- telling and humor.
- He will also cover in detail the body-language techniques that students need to learn in order to react with confidence, and not make the situation worse.

Parents will walk away with concrete tools that they can immediately implement and help their child master in order to eliminate bullying from his or her life. Adults will also learn how to detect truthful statements and techniques for dealing with controlling/intimidating adults in their own lives. Unfortunately many people who bully do not outgrow the behaviors; they simply get older and more subtle.

More information about Jim Bisenius and his program, **Bully Proofing Youth**, can be found at <http://bullyproofingyouth.com/>.

**\*We are requesting that only parents attend.**